Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

November 19, 2026

DIVISION MEMORANDUM
No. 733, s. 2026

DIVISION ROLL-OUT ON UNIVERSAL PREVENTION CURRICULUM FOR SUBSTANCE USE (UPC) FOR MANAGERS AND SUPERVISORS COURSE 5: SCHOOL-BASED PREVENTION INTERVENTIONS

To: Chief Education Supervisors
Education Program Supervisors
Senior/Education Program Specialists
Public Schools District Supervisors
Principals-In-Charge of the District
Heads of Public Elementary, Secondary and Integrated Schools
School Health and Nutrition Section Personnel
Senior High School Nurses/School-Based Nurses
District OK sa DepEd Coordinator/District Mental Health Coordinator
All Others Concerned

1. This Office, through the School Governance and Operations Division - School Health and Nutrition Section (SGOD-SHNS), shall conduct the **Division Roll-Out on Universal Prevention Curriculum for substance Use (UPC) for Managers and Supervisors Course 5: School-Based Prevention Interventions** on **November 25-27, 2026** at **Ati – Atihan Festival Hotel, Kalibo, Aklan.**

2. This training aims to equip the participants and to bridge the gap between scientific research and everyday practices-training professionals, educators, and community leaders to implement evidence-based strategies that stop substance use before it starts.

3. Please refer to the following enclosures for the list of expected participants, proposed activity matrix, and program management team.

    a) Enclosure No. 1: List of Expected Participants
    b) Enclosure No. 2: Proposed Activity Matrix
    c) Enclosure No. 3. Program Management Team

4. Participants are advised to bring laptop, extension cord and flash drive.

5. The first meal shall be the morning snacks on November 25, 2026 and the last meal shall be afternoon snacks on November 27, 2026.

Poblacion, Numancia, Aklan
Tel/Fax No. (265 3740 I 265 3741 I 265 3743)
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Email Address: aklan.1958@deped.gov.ph

6. Expenses to be incurred relative to the conduct of this activity are chargeable against LSP RO-6-26-00173 while the travel and other incidental expenses of the participants shall be charged against Division/School MOOE/local funds, all subject to the usual accounting and auditing rules and regulations.

7. Immediate dissemination of and compliance with this Memorandum are desired.

FOR THE SCHOOLS DIVISION SUPERINTENDENT:

LUZ U. BANSON, EdD, CESO VI
Assistant Schools Division Superintendent
In-charge of the Division

Enclosure: As stated.
Reference: None
To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
PROGRAMS
WORKSHOPS

RMF/jmaas

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Enclosure No. 1 to the Division Memorandum No. 733, s. 2026

LIST OF EXPECTED PARTICIPANTS

DISTRICT	EXPECTED PARTICIPANTS	NO. OF PAX
Altavas	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Balete	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Banga	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Batan	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Buruanga	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Ibajay East	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Ibajay West	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Kalibo I	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Kalibo II	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Lezo	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Libacao	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Madalag	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Makato	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Malay	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Malinao	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Nabas	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
New Washington	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Numancia	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
Tangalan	1 Elementary NDEP District Coordinator; 1 Secondary NDEP District Coordinator	2
	Division Nurses and Senior High School Nurses	6
	School-Based Nurses	6
	Total	**50**

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Enclosure No. 2 to Division Memorandum No. 733, s. 2026

ACTIVITY MATRIX

TIME	ACTIVITY	PERSON RESPONSIBLE
Day 1 – November 25, 2026		
7:00 – 8:00am	Arrival and Registration of Participants	Program Management Team
8:00 – 8:30am	Preliminaries Acknowledgement of Participants; Opening Messages	Program Management Team
8:30 – 9:30am	***Module 1 - Training Introduction*** • Partner exercise: Introductions • Presentation: Training Materials • Why this Training? • Large-group exercises: Training expectations • Small-group exercises: The role of the schools in the community	Jose Matt Anthony A. Sevilla, RN
9:30 – 9:45am	**Health Break**	
9:45 –12:00pm	***Module 2 - Why Schools Are an Important Setting for Substance Use Prevention*** • Introduction to Module 2 • Presentation and discussion: Role of Schools: Beyond cognition • Small-group exercise: Micro-level environmental interactions • Presentation and discussion: Risk and protective factors framework • Presentation and discussion: socialization key • Presentation: School culture and climate • Large-group discussion: Socially capable students • Wrap-up	Raymund D. Solis, MN, RN, LPT Mental Health Focal Person Nurse – II/NIC
12:00 -1:00pm	**Lunch Break**	
1:00-2:30pm	***Continuation of Module 2...*** • Presentation: School Culture and Climate • Individual exercise: Positive School Climate • Presentation: Schools and prevention • Large-group discussion: Key points for prevention • Challenges to prevention and reflections • Module 2 evaluation	Mark Jayson Leyson, RN, LPT Nurse - II
2:30 - 2:45pm	**Health Break**	
2:45 - 5:00pm	***Module 3 - Child and Adolescent Development*** • Introduction to Module 3 • Presentation and discussion: Understanding human development • Presentation: Interaction of personal characteristics and the environments • Presentation and discussion: Learning and Theories: Motivation • Presentation and discussion: Learning and theories: Maslows human needs hierarchy • Presentation: Development periods and skills • Individual exercise and large-group discussions: Developmental skills	Mark Jayson Leyson, RN, LPT Nurse - II
END OF FIRST DAY		

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TIME	ACTIVITY	PERSON RESPONSIBLE
Day 2 – November 26, 2026		
8:00 - 8:30am	MOL with Recap	Program Management Team
8:30 - 9:00am	***Continuation of Module 3...*** • Presentation: Revisiting substance use etiology model • Small-group exercise: Etiologic factors in communities	Ruel Z. Mia II Master Teacher III/Officer-In-Charge Rosal ES,
9:00 - 9:15am	**Health Break**	
9:15 -10:00am	***Continuation of Module 3...*** • *Presentation and discussion: School prevention objectives • Summary and reflections Module 3 evaluation.	Ruel Z. Mia II Master Teacher III/Officer-In-Charge Rosal ES,
10:00-12:00pm	***Module 4 - Defining the substance Use Problem for Prevention Planning in Schools*** • Introduction to Module 4 • Presentation: Substance use by children and adolescents • Large-group discussion: Youth substance use in my community • Presentation: Progression of substance use	Ruel Z. Mia II Master Teacher III/Officer-In-Charge Rosal ES,
12:00 -1:00pm	**Lunch Break**	
1:00- 2:30pm	***Continuation of Module 4...*** • Presentation and discussion: Student substance use data for prevention programming • Presentation and discussion: Conducting/analyzing student surveys on substance use • Large-group discussion: Analyzing and findings • Presentation: Initiation and deterrence factors for prevention programming • Smal-group exercise: Student substance use information • Presentation: initiation and deterrence factors for prevention programming (continuation) • Summary and reflections Module 4 evaluation	Niño Axl Sean T. Morales Disaster Risk Reduction Management (DRRM) – Focal Person
2:30- 3:30pm	***Module 5 - Applying Theory to Substance Use Prevention*** • Introduction to Module 5 • Presentation and discussion: Behavioral theories and prevention • Small-group exercise: Applying TPB integrative model to interventions • Presentation: Applying the TPB integrated model to school-based prevention interventions • Presentation: Introduction to key principles of school-based prevention interventions • Presentation: Developmental stages and learning: middle childhood • Presentation: Developmental stages and learning: early adolescence	Reginald C. Venancio, PhD School Principal III
3:30 - 3:45pm	**Health Break**	
3:30 - 5:00pm	***Continuation of Module 5...*** • Presentation and discussion: The basics of school-based prevention intervention • Presentation: What doesn't work in prevention • Small-group exercise: What works and doesn't work • Reflections Module 5 evaluation	Raymund D. Solis, MN, RN, LPT Mental Health Focal Person Nurse – II/NIC
END OF SECOND DAY		

TIME	ACTIVITY	PERSON RESPONSIBLE
Day 3 – November 27, 2026		
8:00 - 8:30am	MOL with Recap	Program Management Team
8:30 - 10:00am	***Module 6 - Selecting and Adapting the Right Prevention for Your School*** • Introduction to Module 6 • Presentation and discussion: Getting started in school • Presentation: Selecting programs and strategies • Large-group discussion: Experience in schools • Presentation: factors affecting program adoption • Presentation and discussion: Evidence based substance use prevention curricula: Standards for selection • Presentation: Using registries to find EB interventions • Large-group exercise: Blue Prints demonstration • Presentation and discussion: Examples what's work in prevention: Life skills training	Mary Hope S. Cahilig, RGC Guidance Counselor III
10:00 - 10:15am	**Health Break**	
10:15 - 11:00am	***Continuation of Module 6...*** • Presentation and discussion: Examples of what works in prevention: Project Towards No Drug Abuse • Small-group exercise Compare this intervention • Presentation and discussion: Fidelity vs. adaptation • Large-group discussion: Cultural adaptation • Reflections/Wrap-up and Module 6 Evaluation.	Herwin I. Antonio, LPT Teacher VI
11:00 - 12:00pm	***Module 7 - School Environment and School Policies*** • Introduction to Module 7 • Presentation: The school environment and environment programs • Presentation and discussion: Examples of what works in prevention: Good Behavior Game • Presentation: School policies: Introduction • Small-group exercise: Why Implement school policies	John Carlo V. Roberto, LPT T-V Guidance Designate, JHS
12:00 -1:00pm	**Lunch Break**	
1:00- 2:30pm	***Continuation of Module 7...*** • Presentation and discussion: Objectives of school policies/violation • Presentation: School tobacco and alcohol policies Presentation and discussion: Drafting a school policy • Small-group exercise: Drafting school policies • Reflections/Module 7 Evaluation	John Carlo V. Roberto, LPT T-V Guidance Designate, JHS
2:30 - 2:45pm	**Health Break**	
2:45 - 4:00pm	***Module 8 - Monitoring and Evaluating School-based Prevention Intervention*** • Introduction to Module 8 • Presentation: Why do an evaluation? • Presentation and discussion: Example: Life skills training (LST) • Small-group exercise: LST monitoring • Presentation and discussion: LST outcomes • Small-group exercise: LST outcomes • Presentation: evaluation of school/class environment interventions • Summary/ Reflection/ Evaluation	Herwin I. Antonio, LPT Teacher VI
4:00 - 5:00pm	***CLOSING PROGRAM***	

Enclosure No. 3 to Division Memorandum No. 733, s. 2026

PROGARM MANAGEMENT TEAM

COMMITTEES		
Chairpersons and Members	**Position**	**Function**
Michael T. Rapiz	Chief Education Supervisor, SGOD	Overall Supervision
Resource Persons		
Rhoby M. Fernandez, MD	Medical Officer III, SGOD	Chairperson
Raymund D. Solis, MN, RN, LPT	Nurse II	Member
Mary Hope S. Cahilig, RGC	Guidance Counselor III	Member
Mark Jayson T. Leyson, RN, LPT	Nurse II	Member
Jose Matt Anthony A. Sevilla, RN	Nurse II	Member
John Carlo V. Roberto, LPT	T V/Guidance Designate, JHS	Member
Niño Axl Sean T. Morales	Disaster Risk Reduction Management (DRRM) – Focal Person, SGOD	Member
Reginald C. Venancio, PhD	School Principal III/Linayasan NHS	Member
Herwin I. Antonio, LPT	Teacher VI/Numancia School of Fisheries	Member
Ruel Z. Mia II, LPT	Master Teacher III/Officer-In-Charge Rosal ES	Member
Committee on Program, Attendance, Documentation, and Food		
Jonavy B. Solivio, DMD	Dentist II	Chairperson
Cherry Gay T. Dela Cruz	Technical Assistant I	Member
Christopher I. Ingeniero	Technical Assistant I	Member
Diana Mae L. Requeja	Administrative Support II	Member
	Total	**15**