



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

October 7, 2026

DIVISION MEMORANDUM

No. 601, s. 2026

MENTAL HEALTH WEEK OBSERVANCES 2026

- To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors, Principals In-Charge of the District
Head Teacher-In-Charge of the District
Senior/Education Program Specialists
Heads of Public Elementary, Secondary and Integrated Schools
All Others Concerned
1. In reference to Memorandum OM-OUGOPS-2026-08-02174 titled "Learner Support Observances for SY 2026-2027 dated July 23, 2026, this Office, through the School Governance and Operations Division - School Health and Nutrition Unit (SGOD-SHNU), shall observe the National Mental Health Week on **October 12-16, 2026**.
 2. The observance aims to:
 - a. Raise awareness on the importance of mental health;
 - b. Strengthen school-based support systems through learner-centered activities; and
 - c. Foster a sense of community and shared responsibility for mental wellness.
 3. In compliance with **no-disruption-of-classes** policy based on DepEd Order No. 09, s. 2025 titled "*Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*", schools shall ensure that mental health and psychosocial support initiatives are implemented within the regular school program and without compromising learners' engaged time-on-task and instructional time. It may be integrated, as appropriate, into existing classroom instructions, school-based wellness activities and homeroom guidance. Such activities may include, but are not limited to the following:
 - a. Mental health literacy sessions (e.g., classroom integration, homeroom guidance);
 - b. Art for wellness (e.g., poster-making, journaling, spoken poetry, zumba for teaching/non-teaching personnel/hataw galaw dance for learners);
 - c. Mindful movement activities (e.g., stretching, breathing exercises);
 - d. Mental health corners and suggestion boxes;



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- e. HEEADSSS (Home Environment, Education/Employment, Eating and Exercise, Activities, Drugs/Substances, Sex, Suicidality/Depression, And Safety) Assessment; and
 - f. Mental health break in the green/mental health spaces for learners.
4. In this regard, school heads shall assign a Mental Health Coordinator to oversee activities. A soft copy of duly signed Narrative Report with MOVs (photos, attendance, reflections) shall be submitted **on or before October 31, 2026** through the link **<https://bit.ly/SDO-Aklan-Mental-Health-Week-Observances-2026>**.
 5. For inquiries and clarifications, please coordinate with the School Health and Nutrition Unit-Division School Mental Health Program Coordinator, Mr. Raymund D. Solis, MN, RN, LPT.
 6. Immediate dissemination of and compliance with this Memorandum are desired.

FELICIANO C. BUENAFE JR., CESO V
Schools Division Superintendent

Enclosure: None.
Reference: Memorandum OM-OUGOPS-2026-08-02174
Regional Memorandum No. 744 s. 2026
Division Memorandum No. 444 s. 2026
To be indicated in the Perpetual Index
under the following subjects:

HEALTH PROGRAM

RMF/rds



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

August 3, 2026

DIVISION MEMORANDUM

No. 444, s. 2026

LEARNER SUPPORT OBSERVANCES FOR SY 2026-2027

To: Chief Education Supervisors
Education Program Supervisors
Principals In-charge of the District
Public Schools District Supervisors
Head Teacher In-Charge of the District
School Heads of Public Elementary, Secondary and Integrated Schools
All Others Concerned

1. Attached is Regional Memorandum No. 744, s. 2026 dated July 23, 2026 titled Learner Support Observances for SY 2026-2027.
2. Immediate dissemination of this Memorandum is desired.

FELICIANO C. BUENAFE JR., CESO V
Schools Division Superintendent

Enclosure: As stated
Reference: R.M. No. 744, s. 2026
To be indicated in the Perpetual Index
under the following subjects:

CELEBRATIONS AND FESTIVALS
PROGRAMS

HEALTH EDUCATION
SCHOOLS

LEARNERS



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Tel/Fax No. (265 3740 | 265 3741 | 265 3743)
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Republic of the Philippines
Department of Education
REGION VI-WESTERN VISAYAS

JUL 23 2026

REGIONAL MEMORANDUM

No. 744 s. 2026

LEARNER SUPPORT OBSERVANCES FOR SY 2026-2027

To: Schools Division Superintendents
All Others Concerned

1. Attached is Memorandum OM-OUPS-2026-08-02174 from **Hon. Malcolm S. Garma, Undersecretary for Governance and Operations** dated June 18, 2026 regarding the **Learner Support Observances for SY 2026-2027**, which is self-explanatory.
2. Immediate dissemination of and compliance with this Memorandum are desired.


CRISTITO A. ECO, CESO III
Regional Director

Encl.: None

Reference: DepEd Memorandum OM-OUGOPS-2026-08-02174

To be indicated in the Perpetual Index
under the following subjects:

CELEBRATIONS AND FESTIVALS
HEALTH EDUCATION
LEARNERS
PROGRAMS
SCHOOLS

FJC/ESSD-RM/Learner Support Observances for SY 26-27
115/July 21, 2026



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Republika ng Pilipinas
Department of Education
OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATIONS

MEMORANDUM

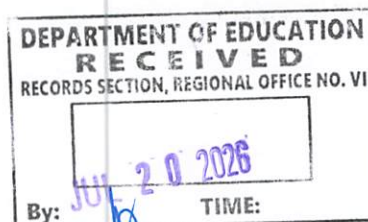
OM-OUGOPS-2026-~~PK~~-02274

TO : REGIONAL DIRECTORS
SCHOOLS DIVISION SUPERINTENDENTS
ALL SCHOOL HEADS CONCERNED
ALL OTHER CONCERNED

FROM : **MALCOLM S. GARMA**
Undersecretary for Governance and Operations

SUBJECT : **LEARNER SUPPORT OBSERVANCES FOR SY 2026-2027**

DATE : June 18, 2026



The Department of Education, through the Bureau of Learner Support Services (BLSS), issues the following guidance to Regional Offices (ROs), Schools Division Offices (SDOs), and schools, pursuant to Section V.B. Co-Curricular Activities and Legislated Celebrations of **DepEd Order (DO) No. 9, s. 2026**, titled *Guidelines on the Implementation of the Three-Term School Calendar in Basic Education*:

1. Attached as **Annex A** is the list of recommended learner support observances for SY 2026-2027. All ROs, SDOs, and teaching and non-teaching personnel are encouraged to support the commemoration of these observances through information dissemination and conduct of related activities.
2. Consistent with DO 9, s. 2026, commemoration of learner support observances in schools during the instructional block shall primarily be through integration in regular teaching and learning process. Additionally, observances may be incorporated as part of:
 - a. After-class activities
 - b. End-of-term block activities
 - c. Pep talks or similar activities during flag ceremonies
 - d. Printed IEC materials and behavioral nudges (which can be kept throughout the school year)
3. BLSS enjoins teaching and other non-teaching personnel to utilize the compendium of resources and references accessible through this link <https://bit.ly/schoolhealth2627resources>.
4. Subsequent advisories may be issued, as necessary, to provide further details on learner-support observances (e.g. annual theme, key messages, other materials or references).
5. All expenses related to the conduct of these observances may be charged against the Learner Support Program Funds or local funds, subject to usual accounting and auditing rules and regulations.

For more information and concerns, please contact **Mr. Gideon John Tuliao**, Health and Education Promotions Officer II, or **Ms. Julia Andrea Aguila**, Technical Assistant II of BLSS-SHD through email at blss.shd@deped.gov.ph.



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ANNEX A

Recommended Learner Support Observances for SY 2026-2027

Month	Observances
June	- National Dengue Awareness Month - National No Smoking Month 5 – World Environment Day 26 – International Day Against Drug Abuse and Illicit Trafficking - Week 3 – National Safe Kids Week
July	- Nutrition Month 17 – National Cardiopulmonary Resuscitation (CPR) Day - Week 4 – Diabetes Awareness Week
August	- National Lung Month - National Adolescent Immunization Month 8-12 – Linggo ng Kabataan 12 – Philippine International Youth Day - Week 1 – Sight-Conservation Week
September	- Childhood Cancer Awareness Month 10 – World Suicide Prevention Day 26 – World Environmental Health Day 28 – World Rabies Day 4th Monday – Pagkaing Pamilya Mahalaga Day - Week 1 – Obesity Prevention Awareness Week
October	- School Health Month 10 – World Mental Health Day 15 – Global Handwashing Day 2nd Thursday – World Sight Day - Week 2 – National Health Education Week - Week 2 – National Mental Health Week
November	- Malaria Awareness Month - National Children's Month 17 – National Students' Day 19 – World Toilet Day 25 – National Consciousness Day for the Elimination of VAWC 3rd Sunday – National Day of Remembrance for Road Crash Victims, Survivors and their Families - Week 3 – Drug Abuse Prevention and Control Week
December	- Firecrackers Injury Prevention Month 1 – World AIDS Day
February	- Second Tuesday - Commemoration of Safer Internet Day Philippines - Philippine Heart Month - National Dental Health Month - Week 2 - National Awareness Week for the Prevention of Child Sexual Abuse and Exploitation
March	- Rabies Awareness Month 22 – World Water Day 24 – World Tuberculosis Day
April	22 – Earth Day - Week 4 – World Immunization Week
May	- Hypertension Awareness Month 21 – AIDS Candlelight Memorial Day 28 – World Menstrual Hygiene Day 31 – World No Tobacco Day

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Republic of the Philippines
Department of Education
BUREAU OF LEARNER SUPPORT SERVICES

OFFICE OF THE DIRECTOR

MEMORANDUM

FOR : **MALCOLM S. GARMA**
Undersecretary for Operations

THRU : **ROGER B. MASAPOL**
Assistant Secretary for Governance and Operations Strand-
Education Governance and Support Services

FROM : **DR. MIGUEL ANGELO S. MANTARING**
Director IV

SUBJECT : **COMPLETE STAFF WORK FOR THE SIGNING OF THE VARIOUS
DOCUMENTS RELATIVE TO THE LEARNER SUPPORT OBSERVANCES
FOR SCHOOL YEAR 2026-2027**

DATE : June 18, 2026

I. BACKGROUND INFORMATION

DepEd is committed to promoting the health and wellness of its stakeholders under the mandate of DepEd Order 28, s. 2018, or the Oplan Kalusugan (OK) sa DepEd. To ensure the relevance of DepEd's health initiatives pursuant to the said mandate, the Bureau of Learner Support Services – School Health Division (BLSS-SHD), has drafted the Learner Support Observances for School Year 2026-2027.

In compliance with Section V.B of **DepEd Order No. 9, s. 2026**, titled *Guidelines on the Implementation of the Three-Term School Calendar in Basic Education*, DepEd seeks to operationalize the designation of schools as healthy settings through the promotion and commemoration of learner support observances. Commemorative activities are essential to recognize, advocate, and educate learners on the importance of health-related topics aligned in the upcoming three-term school calendar.

II. LEGAL BASIS/REFERENCES

- a. **RA 11223**, or the Universal Health Care Act; and
- b. **DepEd Order 28, s. 2018**, or the Oplan Kalusugan sa DepEd

III. OBJECTIVES

- a. Increase awareness of priority health and wellness issues affecting learners.
- b. Promote healthy behaviors and lifestyles that support learners' physical, mental, and psychosocial well-being.
- c. Enhance learners' knowledge and skills for making informed health-related decisions.
- d. Strengthen protective factors that contribute to learner resilience, safety, and overall well-being.
- e. Encourage active participation in health promotion and wellness activities.



Republic of the Philippines
Department of Education
BUREAU OF LEARNER SUPPORT SERVICES

OFFICE OF THE DIRECTOR

MEMORANDUM

FOR : **MALCOLM S. GARMA**
Undersecretary for Operations

THRU : **ROGER B. MASAPOL**
Assistant Secretary for Governance and Operations Strand-
Education Governance and Support Services

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- Enhance learners' knowledge and skills for making informed health-related decisions.
- Strengthen protective factors that contribute to learner resilience, safety, and overall well-being.
- Encourage active participation in health promotion and wellness activities.

- f. Foster a supportive and inclusive school environment that values health, well-being, and positive development.
- g. Engage parents, guardians, and community stakeholders in promoting learner health and wellness.

IV. EXPECTED OUTPUTS

Signed OUGOPS memorandum addressed to all regions to support the learner support observances for School year 2026-2027 and dissemination of appropriate materials related to the event.

V. AVAILABILITY OF FUNDS

No funds are involved in the signing of the attached memoranda.

VI. POTENTIAL BENEFIT/CHALLENGE

Support to the following observances contributes to the full realization of DO No. 28 s. 2018 to enhance learners' awareness on health concerns, provide accurate, accessible, and age-and development-appropriate information in making safe and informed decisions on their bodies, relationships and futures.

VII. CLEAR STATEMENT OF REQUEST/RECOMMENDED ACTION

This Office respectfully seeks the vetting and approval of the following documents:

- a. Memorandum to the Field, "Learner Support Observances for SY 2026-2027"
- b. Office of the Secretary Clearance, *"Request for Clearance from the Office of the Secretary for the Issuance of the Memorandum Relative to the Learner Support Observances SY 2026-2027."*

-
- ☐ *Approved*
 - ☐ *Disapproved*
 - ☐ *Further Comments/Remarks*



Republika ng Pilipinas
Department of Education
OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATION

MEMORANDUM
OM-UGOPS-2026-__-__

FOR : **ATTY. FATIMA LIPP D. PANONTONGAN**
Undersecretary and Chief of Staff
Office of the Secretary

PETER IRVING C. CORVERA

OK; w/ minor suggested
revision penciled.

FROM : **MALCOLM S. GARMA**
Undersecretary

PETER IRVING C. CORVERA

Completed.

Cleared.

SUBJECT : **REQUEST FOR CLEARANCE FROM THE OFFICE OF THE
SECRETARY FOR THE ISSUANCE OF THE MEMORANDUM
RELATIVE TO THE LEARNER SUPPORT OBSERVANCES
SCHOOL YEAR (SY) 2026-2027**

DATE : June 18, 2026

This has reference to the request of the Bureau of Learner Support Services-School Health Division (BLSS-SHD) to issue the memorandum relative to the Learner Support Observances for SY 2026-2027.

This issuance is in line with DepEd's commitment to promote and protect the health and well-being of learners, as well as DepEd's mandates under **DepEd Order 28 s. 2018** or the Oplan Kalusugan sa DepEd (**OKD**) and Section V.B of **DepEd Order No. 9, s. 2026**, titled *Guidelines on the Implementation of the Three-Term School Calendar in Basic Education*.

After a thorough review of the request, this Office respectfully seeks the Office of the Secretary's clearance and approval for the issuance of the said memorandum. Should you find it favorable, we humbly request that you indicate your approval on the space provided at the bottom of this document and affix your signature on the space above your name on this page. For questions and/or concerns, your staff may contact OUGOPS through email at ouops@deped.gov.ph.

☐ *Approved*

☐ *Disapproved*

☐ *Further Comments/Remarks*