



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

September 3, 2026

DIVISION MEMORANDUM

No. 520, s. 2026

BUILDING ADOLESCENT HEALTH CHAMPIONS: ADOLESCENT JOB AID (AJA) 2.0, ADOLESCENT SKILLS ENHANCEMENT TRAINING (ASET), AND ADOLESCENT HEALTH EDUCATION AND PRACTICAL TRAINING (ADEPT) WORKSHOP

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors, Principals In-Charge of the District
Head Teacher-In-Charge of the District
Senior/Education Program Specialists
Heads of Public Elementary, Secondary and Integrated Schools
All Others Concerned

1. Attached is Regional Memorandum No. 893, s. 2026 dated September 3, 2026 regarding **Building Adolescent Health Champions: Adolescent Job Aid (AJA) 2.0, Adolescent Skills Enhancement Training (ASET), and Adolescent Health Education and Practical Training (ADEPT) Workshop** on **September 15-18, 2026** at **Eagles Hotel, San Jose, Antique**.
2. The Division participants in the said activity are listed below:

NAME	POSITION/DESIGNATION	STATION
Raymund D. Solis	Nurse II/SMHP Focal	Division Office
Proreilie M. Constantino	Nurse II/ARH Focal	Division Office
Allan Carlo C. Soriano	PDO I/LRP Focal	Division Office
Feb John V. Geronimo	Head Teacher I	Anselmo B. Legaspi NHS

3. The participants are requested to confirm their attendance through <https://bit.ly/4zNJrfU> on or before **September 11, 2026**.
4. Travel and other incidental expenses of the participants shall be charged against Division/School MOOE/local funds, all subject to the usual accounting and auditing rules and regulations.
5. Immediate dissemination of and compliance of this Memorandum are desired.



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

FELICIANO C. BUENAFE JR., CESO V
Schools Division Superintendent *W*

Enclosure: None.
Reference: Regional Memorandum No. 893, s. 2026
To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
LEARNERS
PERSONNEL
PROGRAMS
SCHOOLS

RMF/rds



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS

SEP 03 2026

REGIONAL MEMORANDUM

No. 893, s. 2026

**BUILDING ADOLESCENT HEALTH CHAMPIONS: ADOLESCENT JOB AID
(AJA) 2.0, ADOLESCENT SKILLS ENHANCEMENT TRAINING (ASET),
AND ADOLESCENT HEALTH EDUCATION AND PRACTICAL
TRAINING (ADEPT) WORKSHOP**

To: Schools Division Superintendents
All Others Concerned

1. In consonance with the goal of DepEd's *Oplan Kalusugan* Program (*OK sa DepEd*), particularly the Adolescent Reproductive Health (ARH) program by equipping both learners and educators with the tools, skills, and competencies necessary to promote holistic adolescent development, this Office, through the Education Support Services Division (ESSD) – Regional Health and Nutrition Unit (RHNU), in collaboration with the Schools Division of Antique, shall conduct the **Building Adolescent Health Champions: Adolescent Job Aid (AJA) 2.0, Adolescent Skills Enhancement Training (ASET), and Adolescent Health Education and Practical Training (ADEPT) Workshop** on **September 15-18, 2026** at **Eagles Hotel, San Jose, Antique**.
2. The objectives of this activity are the following:
 - a. To provide the participants with accurate, age-appropriate, and evidence-based information on physical, mental, and social health of adolescents for informed decision-making;
 - b. To equip education leaders with the Adolescent Job Aid (AJA 2.0) to standardize and strengthen the delivery of adolescent health education;
 - c. To broaden the participant's communication, critical thinking, and problem-solving skills through structured skills enhancement training (ASET) for adolescent learners; and
 - d. To align adolescent health initiatives with DepEd's K to 12 curriculum, ensuring that health promotion is embedded across learning areas such as MAPEH, Values Education, and Homeroom Guidance.
3. The list of the expected participants and the activity matrix are attached as Enclosures 1 and 2 respectively, for reference and perusal of all concerned.
4. The participants are requested to confirm their attendance through <https://bit.ly/4zNJrfU> on or before **September 11, 2026**.
5. The first meal is lunch on **September 15, 2026** (Tuesday) and the last meal is lunch on **September 18, 2026** (Friday).



Address: Duran Street, Iloilo City, 5000
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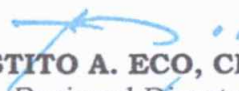


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6. The food and accommodation of the participants shall be charged against the downloaded program support fund to the host Division with SARO No. OSEC-6-25-03549 while the travel and other incidental expenses of the participants against their MOOE/local funds, all subject to the usual accounting and auditing rules and regulations.
7. For clarifications, contact **Dr. Frances Jade E. Caniban**, Dentist III, Adolescent Reproductive Health (ARH) Focal Person, Regional Health and Nutrition Unit, Education Support Services Division at 09183568898 and through email at region6.essd@deped.gov.ph
8. Immediate dissemination of and compliance with this Memorandum are desired.


CRISTITO A. ECO, CESO III
Regional Director

Incl: As Stated

Reference: None

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
LEARNERS
PERSONNEL
PROGRAMS
SCHOOLS

FJC/ESSD-RM/Building Adolescent Health Champions...
141/September 01, 2026



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS

Enclosure No. 1 to the RM No. 520, s. 2026

**BUILDING ADOLESCENT HEALTH CHAMPIONS: ADOLESCENT JOB AID
(AJA) 2.0, ADOLESCENT SKILLS ENHANCEMENT TRAINING (ASET),
AND ADOLESCENT HEALTH EDUCATION AND PRACTICAL
TRAINING (ADEPT) WORKSHOP**
Eagles Hotel, San Jose, Antique
September 15-18, 2026

LIST OF EXPECTED PARTICIPANTS

REGIONAL OFFICE VI	
NAME	POSITION/DESIGNATION
Cristito A. Eco, CESO III	Regional Director
Miguel Mac D. Aposin, CESO V	Assistant Regional Director
Dr. Leonerico E. Barredo	Chief Education Supervisor, ESSD
Melchor Kim S. Kwan, MD	Medical Officer IV
Frances Jade E. Caniban, DMD	Dentist III
Jennie Rose T. Jacela, RSW	PDO II - LRP
Rogin Emmanuel B. Biclar	Technical Assistant I - OKD

Schools Division Office	School Mental Health Program (SHMP) Focal Persons	Adolescent Reproductive Health (ARH) Focal Persons	Learner Rights and Protection Focal Persons	Registered Guidance Counselor or Secondary School Head	Total Participants
Aklan	1	1	1	1	4
Antique	1	1	1	1	4
Capiz	1	1	1	1	4
Guimaras	1	1	1	1	4
Iloilo	1	1	1	1	4
Iloilo City	1	1	1	1	4
Passi City	1	1	1	1	4
Roxas City	1	1	1	1	4
				TOTAL:	32



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RESOURCE PERSONS AND TRAINING FACILITATORS	
Name	Position/Designation/Station
Dr. Ma. Esel Jalandoni-Bermejo, MD, FPPS, FPSAMS, MsGC	Pediatrics-Adolescent Medicine (Corazon Locsin Montelibano Memorial Regional Hospital)
Mark Louie G. Atanque	Program Coordinator Adolescent Health (DOH – CHD 6)
Florence Joy Rubido	Adolescent Program Manager – Iloilo City Health Office
Fel Frances Corvera – De Los Santos	Adolescent Focal, PHO - Antique
Rey John Dionio, RN	Nurse I, PHO - Iloilo
Arriane A. Lapidez, RN	Nurse II, SDO Iloilo
Floramelle A. Serandon, Rpm	Technical Assistant I – SMHP, SDO Iloilo
Host SDO Technical Working Group (TWG) = 5 pax	
Dr. Kristine Marie Gadayan	Medical Officer III, SDO Antique
Debbie Rose Tingson	Nurse II, SDO Antique
Romy Mari Yson	Nurse II, SDO Antique
John Carlo Gillera	Nurse II, SDO Antique
Ricardo Rivera III	Nurse II, SDO Antique



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Enclosure No. 2 to the RM No. 520, s. 2026

**BUILDING ADOLESCENT HEALTH CHAMPIONS: ADOLESCENT JOB AID
 (AJA) 2.0, ADOLESCENT SKILLS ENHANCEMENT TRAINING (ASET),
 AND ADOLESCENT HEALTH EDUCATION AND PRACTICAL
 TRAINING (ADEPT) WORKSHOP**

Eagles Hotel, San Jose, Antique
 September 15-18, 2026

PROPOSED ACTIVITY MATRIX

DATE AND TIME	ACTIVITY	RESPONSIBLE PERSONS
DAY 1 – Tuesday Sept. 15, 2026		
8:00 AM – 11:00 AM	Arrival and Registration	TWG
11:00 AM – 1:00 PM	Lunch	
1:00 PM – 2:00 PM	Opening Program	
	A. Nationalistic Song	-AVP-
	B. Prayer	-AVP-
	C. DepEd Quality Policy Statement	-AVP-
	D. Regional Hymn	-AVP-
	E. Welcome Remarks	Dr. Ernesto F. Servillon Jr., MNSA, CESO VI Schools Division Superintendent, SDO Antique
	F. Inspirational Message	Cristito A. Eco, CESO III Regional Director
	G. Acknowledgment of Participants	Dr. Melchor Kim S. Kwan Medical Officer IV, ESSD
	H. Statement of Purpose and House Rules	Dr. Leonerico E. Barredo, Chief Education Supervisor, ESSD
	I. Introduction of Training Team, Formation of Groupings and Pre-Test	Dr. Frances Jade E. Caniban Dentist III, ARH Focal Person ESSD



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2:00 PM – 3:00 PM	Training Proper: Orientation of Adolescent Job Aid 2.0 (AJA)	Resource Person, TBD
3:00 PM – 3:15 PM	Health Break	
3:15 PM – 4:00 PM	Facilitated ADEPT using DOH Academy	Resource Person, TBD
4:00 PM – 5:00 PM	HEEADSSS: Interview Protocol • Motivational Interviewing	Resource Person, TBD Resource Person, TBD
5:00 PM – 5:30 PM	Closing Activity and Processing of ADEPT Training	
6:00 PM	Dinner	
DAY 2 – Wednesday Sept. 16, 2026		
8:00 AM – 8:30 AM	Morning Preliminaries/MOL/ Ice Breaker/Synthesis	Assigned group
8:30 AM – 9:30 AM	Introduction to ASET	Resource Person, TBD
9:30 AM – 10:30 AM	ASET Facilitation Skills	Resource Person, TBD
10:30 AM – 10:45 AM	Health Break	
10:45 AM – 12:00 NN	Legal Basis for Provision of Adolescent Health	Resource Person, TBD
12:00 NN – 1:00 PM	Lunch Break	
1:00 PM – 2:00 PM	Session 1: Identifying and addressing personal concerns of Health Providers	Resource Person, TBD
2:00 PM – 3:00 PM	Session 2: Harnessing the Power of Technology	Resource Person, TBD
3:00 PM – 3:15 PM	Health Break	
3:15 PM – 4:15 PM	Session 3: Self-care for Health Service Providers	Resource Person, TBD
4:15 PM – 5:15 PM	Session 4: The Filipino Adolescent	Resource Person, TBD



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6:00 PM	Dinner	
DAY 3 – Thursday Sept. 17, 2026		
8:00 AM – 8:30 AM	Morning Preliminaries/MOL/ Ice Breaker/Synthesis	<i>Assigned Group</i>
8:30 AM – 9:30 AM	Session 5: Triaging using RAPID HEEADSSS	<i>Resource Person, TBD</i>
9:30 AM – 10:30 AM	Session 6: Psychosocial Assessment using Comprehensive HEEADSSS	<i>Resource Person, TBD</i>
10:30 AM – 10:45 AM	Health Break	
10:45 AM – 11:15 AM	Session 7-A: Urgent Concerns – Mental Health	<i>Resource Person, TBD</i>
11:15 AM – 12:00 NN	Session 7-B: Urgent Concerns – Cyber-Bullying	<i>Resource Person, TBD</i>
12:00 NN – 1:00 PM	Lunch Break	
1:00 PM – 2:00 PM	Session 7-C: Urgent Concerns – Teenage Pregnancy	<i>Resource Person, TBD</i>
2:00 PM – 3:00 PM	Preparation for Role Playing and Planning	<i>Facilitators</i>
3:00 PM – 3:15 PM	Health Break	
3:15 PM – 5:00 PM	Presentation and Feedback Open Forum	<i>Facilitators</i>
6:00 PM	Dinner	
DAY 4 – Friday Sept. 18, 2026		
8:00 AM – 8:30 AM	Morning Preliminaries/MOL/ Ice Breaker/Synthesis	<i>Assigned Group</i>



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8:30 AM – 9:30 AM	Session 8: Setting up of Adolescent Friendly Health Facility (AFHF)	Resource Person, TBD
9:30 AM – 10:30 AM	Session 9: Monitoring and Evaluation/Supportive Supervision	Resource Person, TBD
10:30 AM – 11:00 AM	Clearing House End of Program Evaluation Health Break	TWGs
11:00 AM – 12:00 NN	Closing Ceremony A. Nationalistic Song B. Prayer C. Message D. Awarding of Certificates E. Closing Remarks	TWGs
12:00 NN onwards	Lunch	
	** Home Sweet Home **	