



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

August 11, 2026

DIVISION MEMORANDUM

No. 453, s. 2026

**CAPACITY BUILDING FOR MENTAL HEALTH ADVOCATES IN HANDLING
LEARNERS AND PERSONNEL THROUGH THERAPEUTIC COMMUNICATION:
PART 2 - ADVANCED COMMUNICATION STRATEGIES**

To: Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors, Principals In-Charge of the District
Head Teacher-In-Charge of the District
Senior/Education Program Specialists
Heads of Public Elementary, Secondary and Integrated Schools
All Others Concerned

1. Attached is Regional Memorandum No. 784, s. 2026 dated August 4, 2026 regarding **Capacity Building for Mental Health Advocates in Handling Learners and Personnel Through Therapeutic Communication: Part 2 - Advanced Communication Strategies** on August 12-14, 2026 at Urban Glamp Resort, Caboloan Norte, Oton, Iloilo.
2. The Division participants in the said activity are listed below:

NAME	POSITION	STATION
Raymund D. Solis	Nurse II/SMHP Focal	Division Office
Proreilie M. Constantino	Nurse II/ARH Focal	Division Office
Mark Jayson T. Leyson	Nurse II	Division Office
Luzvi V. Mangilaya	Principal III	Unat-Bagacay ES
Mary Ann T. Maglunob	Principal I	Naile ES
Melnie A. Silda	Teacher III/TIC	Sambiray ES
Danilo H. Claros	Principal III	Unidos NHS
Rosie G. Oczon	Principal I	Fr. Julian C. Rago MNHS

3. The participants are requested to confirm their attendance through <https://bit.ly/4fGILkt>.



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SCHOOLS DIVISION OF AKLAN

4. Travel and other incidental expenses of the participants shall be charged against Division/School MOOE/local funds, all subject to the usual accounting and auditing rules and regulations.
5. Immediate dissemination of and compliance of this Memorandum are desired.

FOR THE SCHOOLS DIVISION SUPERINTENDENT:

MARY CHERRY LYNN M. TABERNILLA EdD
Education Program Supervisor – Science
Curriculum and Implementation Division
In-charge of the Division

Enclosure: None.
Reference: Regional Memorandum No. 784, s. 2026
To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
LEARNERS
PERSONNEL
PROGRAMS
SCHOOLS

RMF/rds



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS

REGIONAL MEMORANDUM

AUG 04 2026

No. 784 -, s. 2026

**CAPACITY BUILDING FOR MENTAL HEALTH ADVOCATES IN HANDLING
LEARNERS AND PERSONNEL THROUGH THERAPEUTIC COMMUNICATION:
PART 2 – ADVANCED COMMUNICATION STRATEGIES**

To: Schools Division Superintendents
All Others Concerned

1. In consonance with the mandate of DepEd under Republic Act No. 11036 otherwise known as the Mental Health Act and DepEd Order No. 049, s. 2022, titled Guidelines on the Implementation of the School Mental Health Program, which aim to promote, protect, and ensure the mental health and well-being of learners and DepEd personnel, this Office, through the Education Support Services Division (ESSD) – Regional Health and Nutrition Unit (RHNU), in collaboration with the Schools Division of Iloilo, shall conduct the **Capacity Building for Mental Health Advocates in Handling Learners and Personnel Through Therapeutic Communication: Part 2 – Advanced Communication Strategies** on **August 12-14, 2026** at **Urban Glamp Resort, Caboloan Norte, Oton, Iloilo**.
2. The objectives of this activity are the following:
 - a. Reinforce participants' ability to use advanced techniques in handling learners' issues and concerns such as crisis communication, trauma-informed dialogue, and culturally responsive approaches in school settings;
 - b. Equip participants with strategies to manage sensitive situations involving learners and personnel, ensuring timely and appropriate interventions;
 - c. Foster stronger coordination among school-based mental health advocates to create unified support systems aligned with DepEd's Mental Health Program;
 - d. Support schools in embedding advanced communication strategies into existing policies, guidance programs, and wellness initiatives; and
 - e. Position therapeutic communication as a tool for building resilience, trust, and positive relationships, contributing to holistic learner development and personnel well-being.
3. The list of the expected participants and the activity matrix are attached as Enclosures 1 and 2 respectively, for reference and perusal of all concerned.
4. The participants are requested to confirm their attendance through <https://bit.ly/4fGILkt> on or before **August 10, 2026**.
5. The first meal is lunch on **August 12, 2026** (Wednesday) and the last meal is lunch on **August 14, 2026** (Friday).



Address: Duran Street, Iloilo City, 5000
Telephone Nos: (033) 337-0149; 336-2816
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6. The food and accommodation of the participants shall be charged against the downloaded program support fund to the host Division with SARO No. OSEC-6-25-03549 while the travel and other incidental expenses of the participants against their MOOE/local funds, all subject to the usual accounting and auditing rules and regulations.
7. For clarifications, contact **Dr. Melchor Kim S. Kwan**, Medical Officer IV, Regional Health and Nutrition Unit, Education Support Services Division at 09176337691 and through email at region6.essd@deped.gov.ph
8. Immediate dissemination of and compliance with this Memorandum are desired.


CRISTITO A. ECO, CESO III
Regional Director

Incl: As Stated

Reference: None

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
LEARNERS
PERSONNEL
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FJC/ESSD-RM/Therapeutic Communication Part 2
121/July 23, 2026



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Enclosure No. 1 to the RM No. 453 1, s. 2026

**CAPACITY BUILDING FOR MENTAL HEALTH ADVOCATES IN HANDLING
LEARNERS AND PERSONNEL THROUGH THERAPEUTIC COMMUNICATION:
PART 2 – ADVANCED COMMUNICATION STRATEGIES**

Urban Glamp Resort, Caboloan Norte, Oton, Iloilo

August 12-14, 2026

LIST OF EXPECTED PARTICIPANTS

REGIONAL OFFICE VI	
NAME	POSITION/DESIGNATION
Cristito A. Eco, CESO III	Regional Director
Miguel Mac D. Aposin, CESO V	Assistant Regional Director
Dr. Leonerico E. Barredo	Chief Education Supervisor, ESSD
Melchor Kim S. Kwan, MD	Medical Officer IV
Frances Jade E. Caniban, DMD	Dentist III
Rogin Emmanuel B. Biclar	Technical Assistant I - OKD

SCHOOLS DIVISION OFFICES						
Schools Division Office	Medical Officers	School Mental Health Program (SHMP) Focal Persons	Adolescent Reproductive Health (ARH) Focal Persons	Elementary School Head	Secondary School Head	Registered Guidance Counselor or School-Guidance Designate (Non-Teaching Personnel)
Aklan	1	1	1	2	2	1
Antique	1	1	1	2	2	1
Capiz	1	1	1	2	2	1
Guimaras	1	1	1	2	2	1
Iloilo	1	1	1	2	2	1
Iloilo City	1	1	1	2	2	1
Passi City	1	1	1	2	2	1
Roxas City	1	1	1	2	2	1
						Total Participants: 64



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RESOURCE PERSONS AND TRAINING FACILITATORS	
1. Prof. Sheila P. Beliran	College of Nursing, West Visayas State University
2. Ms. Charisse Arianne P. Sombito	College of Nursing, West Visayas State University
3. Ms. Ana Mae A. Secherita	College of Nursing, West Visayas State University
4. Prof. Virginia F. Federiso	College of Nursing, West Visayas State University
5. Prof. Rudinia J. Dayot	College of Nursing, West Visayas State University
6. Prof. Besie A. Duran	College of Nursing, West Visayas State University
Host SDO Technical Working Group (TWG) = 5 pax	



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Enclosure No. 2 to the RM No. 453, s. 2026

**CAPACITY BUILDING FOR MENTAL HEALTH ADVOCATES IN HANDLING
LEARNERS AND PERSONNEL THROUGH THERAPEUTIC COMMUNICATION:
PART 2 – ADVANCED COMMUNICATION STRATEGIES**

Urban Glamp Resort, Caboloan Norte, Oton, Iloilo
August 12-14, 2026

PROPOSED ACTIVITY MATRIX

DATE AND TIME	ACTIVITY	RESPONSIBLE PERSONS
DAY 1 – Wednesday August 12, 2026		
8:00 AM – 11:00 AM	Arrival and Registration	TWG
11:00 AM – 1:00 PM	Lunch	
1:00 PM – 2:00 PM	Opening Program A. Nationalistic Song B. Prayer C. DepEd Quality Policy Statement D. Regional Hymn E. Welcome Remarks F. Acknowledgment of Participants G. Statement of Purpose and House Rules	 -AVP- -AVP- -AVP- -AVP- Dr. Ruby Therese P. Almencion, CESE , OIC-Schools Division Superintendent, SDO Iloilo Dr. Melchor Kim S. Kwan Medical Officer IV, ESSD Dr. Leonerico E. Barredo , Chief Education Supervisor, ESSD
2:00 PM – 3:30 PM	Session 1: Revisiting the Foundations of Therapeutic Communication • Principles of Therapeutic Communication • Ethical considerations	 <i>Resource Person, TBD</i>



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3:30 PM – 3:45 PM	Roles of School Heads, Guidance-designate, Medical Officers and SMHP Focal person	
3:45 PM – 4:30 PM	Health Break	
4:30 PM – 5:00 PM	Workshop 1: Advanced Listening Skills	Resource Person, TBD
6:00 PM	Reflection/Plenary Discussion	
	Dinner	
DAY 2 – Thursday		
August 13, 2026		
8:00 AM – 8:30 AM	Morning Preliminaries/MOL/ Ice Breaker/Synthesis	Assigned group
8:30 AM – 9:30 AM	Session 2: Building Trust and Psychological Safety	Resource Person, TBD
9:30 AM – 10:30 AM	Activity: Empathy Mapping	Resource Person, TBD
10:30 AM – 10:45 AM	Health Break	Resource Person, TBD
10:45 AM – 11:30 AM	Role-Play Exercise 1	Resource Person, TBD
11:30 AM – 12:00 NN	Reflection and Processing	Resource Person, TBD
12:00 NN – 1:00 PM	Lunch Break	Resource Person, TBD
1:00 PM – 2:00 PM	Session 3: Understanding Emotional Distress and Behavioral Indicators	Resource Person, TBD
2:00 PM – 3:00 PM	Session 4: Therapeutic Communication During Crisis Situations	Resource Person, TBD
3:00 PM – 3:15 PM	Health Break	Resource Person, TBD
3:15 PM – 4:15 PM	Workshop 2: Difficult conversations	Resource Person, TBD
4:15 PM – 5:30 PM	Case Analysis Activity Role-Play Exercise 2 Reflection Circle	Resource Person, TBD



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6:00 PM	Dinner	
DAY 3 – Friday August 14, 2026		
8:00 AM – 8:30 AM	Morning Preliminaries/MOL/ Ice Breaker/Synthesis	<i>Assigned Group</i>
8:30 AM – 9:30 AM	Session 5: Ethical Boundaries and Confidentiality	<i>Resource Person, TBD</i>
9:30 AM – 10:30 AM	Session 6: Referral Pathways and Psychosocial Support Systems	<i>Resource Person, TBD</i>
10:30 AM – 10:45 AM	Health Break	
10:45 AM – 11:15 AM	Activity: Referral Mapping Group Presentation Processing Activity/ Open Forum	<i>Resource Person, TBD</i>
11:15 AM – 11:30 PM	Clearing House End of Program Evaluation	<i>TWGs</i>
11:30 PM – 12:00 NN	Closing Ceremony A. Nationalistic Song B. Prayer C. Message D. Awarding of Certificates E. Closing Remarks	<i>TWGs</i>
12:00 NN – 1:00 PM	Lunch	
	** Home Sweet Home **	