Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

January 7, 2026

DIVISION MEMORANDUM
No. 010, s. 2026

REITERATION OF DEPED ORDER NO. 13, S. 2017, POLICY AND GUIDELINES ON HEALTHY FOOD AND BEVERAGE CHOICES IN SCHOOLS AND IN DEPED OFFICES

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Senior/Education Program Specialists
Public Schools District Supervisors
Principals In-charge of the District/ Head Teacher In-charge of the District
Heads of Public Elementary, Secondary and Integrated Schools
All Others Concerned

1. Attached is Regional Memorandum No. 1272, s. 2025 titled Reiteration of DepEd Order No. 13, s. 2017, Policy and Guidelines on Healthy Food and Beverage Choices in Schools and in DepEd Offices, which is self-explanatory.

2. Immediate dissemination of this Memorandum is desired.

FELICIANO C. BUENAFE JR., CESO VI
Schools Division Superintendent

Enclosure: None.
Reference: As stated.
To be indicated in the Perpetual Index
Under the following subjects:

CLASSROOM
HEALTH EDUCATION
PROGRAMS
SCHOOLS

RMF/jmm

Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS

DEC 23 2025

REGIONAL MEMORANDUM
No. 1272 s. 2025

REITERATION OF DEPED ORDER NO. 13, S. 2017, POLICY AND GUIDELINES ON HEALTHY FOOD AND BEVERAGE CHOICES IN SCHOOLS AND IN DEPED OFFICES

To: All Schools Division Superintendents
All Others Concerned

2. Attached is Memorandum OM-OUGOPS-2025-03-07481 from **Hon. Malcom S. Garma**, Undersecretary for Governance and Operations, dated November 20, 2025 regarding the **Reiteration of DepEd Order No. 13, s. 2017, Policy and Guidelines on Healthy Food and Beverage Choices in Schools and in DepEd Offices,** which is self-explanatory.

3. Immediate dissemination of this Memorandum is desired.

CRISTITO A. ECO, CESO III
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

Enclosure: None
Reference: DepEd Order No. 13. 2017
To be indicated in the Perpetual Index
under the following subjects:

CLASSROOM
HEALTH EDUCATION
PROGRAMS
SCHOOLS

*HJE/ ESSD-RM/*Reiteration of DepEd Order No. 13
257/ December 19, 2025

Republika ng Pilipinas

Department of Education

OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATIONS

MEMORANDUM
OM-OUGOPS-2025-03-07481

FOR : **REGIONAL DIRECTORS**
SCHOOLS DIVISION SUPERINTENDENTS

FROM : **MALCOLM S. GARMA**
Undersecretary for Governance and Operations

SUBJECT : **REITERATION OF DEPED ORDER NO. 13 S. 2017, POLICY AND GUIDELINES ON HEALTHY FOOD AND BEVERAGE CHOICES IN SCHOOLS AND IN DEPED OFFICES**

DATE : November 20, 2025

The Department of Education (DepEd), through the Bureau of Learner Support Services–School Health Division (BLSS-SHD), continues to uphold its strong commitment to promoting the consumption and availability of healthy food and beverages in school canteens and DepEd Offices.

In this regard, this Office reiterates the DepEd Memorandum No. 13 s. 2017 (Policy and Guidelines on Health Food and Beverage Choices in Schools and in DepEd Offices). This initiative aims to foster a culture of health and wellness among learners, teachers and non-teaching personnel by ensuring that only nutritious, safe and balance food and drinks are prepared, sold and made available within school premises and DepEd workplaces. Providing access to healthy food options supports the holistic development of learners and contributes to the overall well-being and productivity of all DepEd personnel.

All concerned personnel shall actively support and implement this policy to help create a healthier learning and working environment for everyone.

Specific Areas of Concern:

1. **Important Reminder and Reiteration of DepEd Order No. 13 s. 2017**, Policy and Guidelines on Healthy Food and Beverages Choices in Schools and DepEd Offices.

   - DepEd may allow support of food and beverage manufacturers that meet the criteria of healthy food and beverages, provided that support is part of their corporate social responsibility and support does not include any form of marketing activities or bear any brand name or logo.

   - School officials are encouraged to advocate and work with their local government units in issuing local legislation to limit the marketing of unhealthy foods and beverages within at least a 100-meter radius of the school.

- DepEd and school authorities and personnel shall strictly observe the prohibition of accepting donations or sponsorships from or having financial or material involvement with tobacco companies. Likewise, prohibitions stipulated in EO No. 51, or the Milk Code of the Philippines, particularly those on the acceptance of funding, sponsorship, logistical, training, financial, or material incentives, or gifts of any sort from companies that manufacture or market infant formula, and other breastmilk substitutes, shall be strictly observed. In general, sponsorships and partnerships shall not be allowed if a conflict of interest is likely to arise with the objectives of this policy.

- Schools shall develop their own healthy menu consisting of nutritious and affordable food and drinks compliant to the following:
  - The canteens and schools and DepEd offices shall not sell foods and beverages high in fat and/or sugar and/or sodium.
  - Food items with saturated fat less than 3 grams, no trans fat, added sugar less than 10 grams, and sodium less than 120 mg per serving shall be categorized under the Green Category and shall be served daily.
  - Food items with 3 to 5 grams of saturated fat, no trans fat, 10 to 20 grams of added sugar, and 120 to 200 mg of sodium per serving shall be categorized under the Yellow Category and can be served once or twice a week only.
  - Food items with saturated fat more than 5 grams, trans fat, more than 20 grams of added sugar, and more than 200 mg of sodium per serving shall be categorized under the Red Category and must not be served.
  - Tables 4, 5, and 6 of DO No. 13, s. 2017 also provide guidance on food items without nutrition facts.

The **Teaching and Non-teaching personnel are Strictly Prohibited** from endorsing, selling food items whether home-made or commercially purchased for resale, unless they have complied and passed the sanitation standards and quality inspections for food safety.

The School Health and Nutrition Personnel in the Regional Offices (ROs) and Schools Division Offices (SDOs) shall conduct nutrition education and information campaigns to promote healthy eating habits among learners. They are likewise tasked to provide technical assistance, supervision, and continuous monitoring to ensure strict adherence to the provisions of these guidelines.

The reiteration serves as a reminder of DepEd's continuing commitment to ensure a safe, healthy, and supportive learning environment for all. The cooperation of all teaching and non-teaching personnel, learners, parents, and stakeholders is essential to the successful implementation of this policy.

For questions and clarifications, please contact Ms. Magdalene Portia T. Cariaga, Supervising Health Program Officer or Ms. Mei-Ling V. Duhig or Mr. Vonerich B. Berba of the Bureau of Learner Support Services-School Health Division (BLSS-SHD) through email at sbfp@deped.gov.ph or telephone number (02) 8632-9935.

For strict compliance and guidance of all concerned.