



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

November 7, 2025

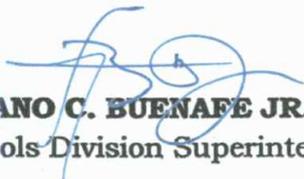
DIVISION MEMORANDUM

No. 595, s. 2025

**NAVIGATING WELLNESS: REGIONAL TRAINING OF TRAINERS ON
FOUNDATIONAL COURSE FOR CHILD AND ADOLESCENT
PRIMARY PROVIDERS**

To: Office of the Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Senior/Education Program Specialists
Public Schools District Supervisors
Principals In-charge of the District/ Head Teacher In-charge of the District
Heads of Public Elementary, Secondary and Integrated Schools
All Others Concerned

1. Attached is the Regional Memorandum No. 1101, s. 2025 dated November 06, 2025 regarding the **CHANGES AND ADDITIONAL INFORMATION TO REGIONAL MEMORANDUM NO. 1079, S. 2025 TITLED NAVIGATING WELLNESS: REGIONAL TRAINING OF TRAINERS ON FOUNDATIONAL COURSE FOR CHILD AND ADOLESCENT PRIMARY PROVIDERS** on November 09-12, 2025 at Urban Glamp Resort, Caboloan Norte, Oton, Iloilo City.
2. The list of participants to this training is reflected in Enclosure 1.
3. The travel and other incidental expenses of the participants during the conduct of this activity shall be charged against SARO No. RO-6-24-0745, subject to the usual accounting and auditing rules and regulations.
4. Immediate dissemination of this Memorandum is desired.


FELICIANO C. BUENAFE JR., CESO VI
Schools Division Superintendent

Enclosure: As stated.

Reference: As stated.

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
LEARNERS
PROGRAMS
SCHOOLS

RMF/pmc



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Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

Enclosure 1 to Division Memorandum No. 595, s. 2025

**LIST OF PARTICIPANTS ON THE CONDUCT OF NAVIGATING WELLNESS:
REGIONAL TRAINING OF TRAINERS ON FOUNDATIONAL COURSE FOR CHILD
AND ADOLESCENT PRIMARY PROVIDERS ON NOVEMBER 09-12, 2025 AT
URBAN GLAMP RESORT, CABOLOAN NORTE, OTON, ILOILO CITY.**

NO.	NAME	POSITION/DESIGNATION	STATION
1	Proreilie M. Constantino	Nurse II/ARH Focal	Division Office
2	Pearl Marie I. De la Cruz	Nurse II/SMHP Focal	Division Office
3	Jeselee M. Marzona	Nurse II/MO III Representative	Division Office
4	Niño Sean Axl T. Morales	PDO I/YFP Focal	Division Office
5	Allan Carlo C. Soriano	PDO I/LRP Focal	Division Office
6	Denor D. Torres	TA I/DRRM	Division Office
7	Judith Z. Moriente	Principal II/Partnership Representative	Bacan NHS
8	Rowel Macali	PDO I/SGOD-Chief Representative	Polo ES



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Republic of the Philippines
Department of Education
 REGION VI-WESTERN VISAYAS

NOV 06 2025

REGIONAL MEMORANDUM

No. 1101, s. 2025

**CHANGES AND ADDITIONAL INFORMATION TO REGIONAL MEMORANDUM
 NO. 1079, S. 2025 TITLED NAVIGATING WELLNESS: REGIONAL TRAINING
 OF TRAINERS ON FOUNDATIONAL COURSE FOR CHILD AND
 ADOLESCENT PRIMARY PROVIDERS**

To: Schools Division Superintendents
 All Others Concerned

1. Relative to Regional Memorandum No. 1079, s. 2025 titled Navigating Wellness: Regional Training of Trainers on Foundational Course for Child and Adolescent Primary Providers, this Office, announces the following changes and additional information on the conduct of the activity. To wit:

a.) Schedule:

From	To
November 04-07, 2025	November 09-12, 2025

b.) Resource Person/Training Facilitator:

From	To
Maeden Quinon, RN Nurse II, Health and Promotion Unit Focal (PHO Iloilo)	Lerma T. Tabu-ao Teacher III/AO Lanag Norte NHS – Tubungan, SDO Iloilo

2. The participants are expected to be at the venue on **November 09, 2025** at 12:00 noon in time for the opening program at 2:00 PM. The first meal is lunch on **November 9, 2025** and the last meal will be lunch on **November 12, 2025**.

3. The Schools Division Offices may allow the replacement of the previously identified participants in case of conflicts in schedule with other activities. Priority shall be given to Public Schools District Supervisors and secondary school heads.

4. The personnel shall be provided with Compensatory Time Off (CTO) for their services rendered during holidays as per Civil Service Commission (CSC) and Department of Budget and Management (DBM) joint Circular No. 02, s. 2004 on Non-Monetary Remuneration for Overtime Services Rendered.



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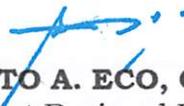


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Department of Education
REGION VI-WESTERN VISAYAS

5. Other provisions of the aforementioned Memorandum remain in effect.
6. Immediate dissemination of and compliance with this Memorandum are desired.


CRISTITO A. ECO, CESO III
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

Encl.: None

Reference: As stated

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
LEARNERS
PROGRAMS
SCHOOLS

FJC/ESSD-RM/Changes and Additional Information to RM No. 1079 s. 2025
222/November 2, 2025



Republic of the Philippines
Department of Education
REGION VI-WESTERN VISAYAS

OCT 29 2025

REGIONAL MEMORANDUM

No. 1079, s. 2025

NAVIGATING WELLNESS: REGIONAL TRAINING OF TRAINERS ON FOUNDATIONAL COURSE FOR CHILD AND ADOLESCENT PRIMARY PROVIDERS

To: Schools Division Superintendents
All Others Concerned

1. Pursuant to the goal of DepEd Order No. 28 s. 2018 or the Policy and Guidelines on *Oplan Kalusugan* sa Department of Education (*OK sa DepEd*), particularly the Adolescent Reproductive Health (ARH) program to give learners age-and-development-appropriate health education and provision of counselling & psychological support services, this Office, through the Education Support Services Division (ESSD), shall conduct the **Navigating Wellness: Regional Training of Trainers on Foundational Course for Child and Adolescent Primary Providers** on **November 04-07, 2025** at **Urban Glamp Resort, Caboloan Norte, Oton, Iloilo**.
2. The objectives of this activity are the following:
 - a) understand the physical and psychosocial changes to learners and respond accordingly;
 - b) conduct rapid and comprehensive HEEADSSS Assessment to learners;
 - c) identify roles, tasks and limitations in the referral pathway; and
 - d) formulate action plans for Division implementation.
3. The list of expected participants and the proposed program matrix are attached as **Enclosures 1 and 2**, respectively.
4. The participants are requested to confirm their attendance through **<https://bit.ly/4hiVbhs>** on or before **November 30, 2025**.
5. The first meal is AM snacks on November 04, 2025 (Tuesday) and the last meal is PM snacks on November 07, 2025 (Friday).
6. The food and accommodation of the participants shall be charged against the downloaded program support fund to the host Division with SARO No. RO-6-25-02307 while their travel and other incidental expenses against local funds both subject to the usual government accounting and auditing rules and regulations.
7. For clarifications, contact **Dr. Frances Jade E. Caniban**, Dentist III, Regional ARH Focal Person, Education Support Services Division, at 09183568898 and through email at region6.essd@deped.gov.ph.



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8. Immediate dissemination of and compliance with this Memorandum are desired.

CRISTITO A. ECO, CESO III
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

Encl.: As stated

Reference: None

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION
LEARNERS
PROGRAMS
SCHOOLS

FJC/ESSD-RM/Navigating Wellness: Regional Training...
212/October 21, 2025



Republic of the Philippines
Department of Education
REGION VI-WESTERN VISAYAS

Enclosure 1 to RM _____ s.2025

**NAVIGATING WELLNESS: REGIONAL TRAINING OF TRAINERS ON FOUNDATIONAL COURSE
FOR CHILD AND ADOLESCENT PRIMARY PROVIDERS**

Date: November 04-07, 2025

Venue: Urban Glamp Resort, Caboloan Norte, Oton, Iloilo

LIST OF EXPECTED PARTICIPANTS

REGIONAL OFFICE (ESSD TWG)	
Name	Position/Designation
Dr. Leonerico E. Barredo	Chief Education Supervisor, ESSD
Dr. Melchor Kim S. Kwan	Medical Officer IV
Dr. Frances Jade E. Caniban	Dentist III
Heyzel Gargalicana, RSW	Technical Assistant II - SMHP
Rogin Emmanuel B. Bicular	Technical Assistant I - OKD

SCHOOLS DIVISION OFFICE									
Schools Division Office	SGOD Chief	Medical Officer III	Partnership Focal	DRRM Coord	ARH Focal/Alternate	SMHP Focal/Alternate	Youth Formation Focal	LRP Focal	Total participants
1. SDO Aklan	1	1	1	1	1	1	1	1	8
2. SD Antique	1	1	1	1	1	1	1	1	8
3. SDO Capiz	1	1	1	1	1	1	1	1	8
4. SDO Guimaras	1	1	1	1	1	1	1	1	8
5. SDO Iloilo	1	1	1	1	1	1	1	1	8
6. SDO Iloilo City	1	1	1	1	1	1	1	1	8
7. SDO Passi City	1	1	1	1	1	1	1	1	8
8. SDO Roxas City	1	1	1	1	1	1	1	1	8
								TOTAL:	64

RESOURCE PERSONS AND TRAINING FACILITATORS	
Name	Position/Designation/Station
Dr. Ma. Esel Jalandoni-Bermejo, MD, FPPS, FPSAMS, MsGC	Pediatrics-Adolescent Medicine (Corazon Locsin Montelibano Memorial Regional Hospital)
Mark Louie G. Atanque	Program Coordinator Adolescent Health (DOH – CHD 6)
Gisela P. Pardon, RN	Nurse II, Provincial Adolescent Focal (PHO Iloilo)
Christian Harold Preche, RN, MAN	Nurse II/Provincial Mental Health Focal (PHO Iloilo)
Rey John Dionio, RN	Nurse II (PHO Iloilo)
Maeden Quinon, RN	Nurse II/Health and Promotion Unit Focal (PHO Iloilo)
Leonil P. Salvilla	PDS- San Miguel/PAO Officer, (DepEd SDO Iloilo)
Romy Mari Z. Yzon, RN	Nurse II (DepEd SDO Antique)
Arriane A. Lapidez, RN	Nurse II (DepEd SDO Iloilo)
Melisse Salvacion, RN	Nurse II (DepEd SDO Iloilo)
Florabelle A. Serandon, Rpm	Technical Assistant I – SMHP (DepEd SDO Iloilo)



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Enclosure 2 to RM _____ s.2025

NAVIGATING WELLNESS: REGIONAL TRAINING OF TRAINERS ON FOUNDATIONAL COURSE FOR CHILD AND ADOLESCENT PRIMARY PROVIDERS

Date: November 04-07, 2025

Venue: Urban Glamp Resort, Caboloan Norte, Oton, Iloilo

PROGRAM MATRIX

Date and Time	ACTIVITY	Responsible Persons
	The First Meal to be served is AM Snacks	
Day 1 (Tuesday) November 04, 2025		
7:00 AM- 9:00 AM	Arrival and Registration of Participants	RO & Host SDO TWG
9:00 AM – 10:00 AM	Opening Program A. National Anthem B. Prayer C. DepEd Quality Policy Statement D. Regional Hymn E. Welcome Remarks F. Keynote Message G. Acknowledgment of Participants H. Statement of Purpose and House Rules	TWG -AVP- -AVP- -AVP- -AVP- Dr. Ernesto F. Servillon Jr. MNSA, CESO VI Schools Division Superintendent, SDO Iloilo Dr. Cristito A. Eco, CESO III Assistant Regional Director OIC, Office of the Regional Director Melchor Kim S. Kwan, MD Medical Officer IV, ESSD Dr. Leonerico E. Barredo Chief Education Supervisor, ESSD
10:30 AM – 11:00 AM	I. Pre-Test	RO & Host SDO TWGs



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11:00 AM – 12:00 NN	Module 1: UNDERSTANDING THE GROWING CHILD Session 1: Stages of Development Activity: Changes during Adolescence	Resource Person, TBD
12:00 NN – 1:00 PM	Lunch	
1:00 PM – 2:30 PM	Session 2: Inner Working of the Adolescent Activity: The Teen Brain Activity: Psychological Development	Resource Person, TBD
2:30 PM – 3:30 PM	Session 3: Gender and Health Activity: Human Sexuality and Gender Activity: Gender, Health and Health Care	Resource Person, TBD
3:30 PM – 4:00 PM	Health Break	
4:00 PM – 5:30 PM	Module 2: RESPONDING TO THE CHILD Session 1: Advising Adults on how to talk to children and adolescents	Resource Person, TBD
5:30 PM	Early Dinner	
Day 2 (Wednesday) November 5, 2025		
8:00 AM – 8:30 AM	Morning Preliminaries/MOL/ Ice Breaker/Synthesis	Assigned group
8:30 AM – 9:30 AM	Module 3: HEEADSSS Legal Basis Session 1: Rapid and Comprehensive HEEADSSS Activity: Screening Tool Activity: Interview Protocol	Resource Person, TBD
9:30 AM -10:30 AM	Session 2: Gaining the Child's Trust Activity: Privacy, Confidentiality & Informed Consent	Resource Person, TBD



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10:30 AM – 10:45 AM	Health Break	
10:45 AM – 12:00 NN	Session 3: HEEADSSS Processes and Issues	Dr. Ma. Essel Jalandoni -Bermejo, FPPS, FPSAMS, MsGC
12:00 NN – 1:00 PM	Lunch	
1:00 PM – 3:30 PM	Session 4: HEEADSSS Simulation	<i>Resource Person, TBD</i>
3:30 PM – 3:45 PM	Health Break	
3:45 PM – 5:00 PM	Session 5: Orientation of Field Interview Practicum	<i>Resource Person, TBD</i>
5:30 PM	Early Dinner	
Day 3 (Thursday) November 06, 2025		
8:00 AM – 8:30 AM	Morning Preliminaries/MOL/ Ice Breaker/Synthesis	<i>Assigned group</i>
8:30 AM – 10:00 AM	Workshop 1: Field Work	<i>Facilitators, TWG</i>
10:00 AM – 10:15 AM	Health Break	
10:15 AM – 12:00 NN	Session 6: Small Group Processing	<i>Facilitators, TWG</i>
12:00 NN – 1:00 PM	Lunch	
1:00 PM – 3:00 PM	Plenary Session: Group Processing of the experiences on applying the HEEADSSS	<i>Facilitators, TWG</i>
3:00 PM – 3:15 PM	Health Break	
3:15 PM – 5:00 PM	Session 7: REFERAL PATHWAY Roles and Responsibilities per Agency/Position	<i>Facilitators, TWG</i>
5:30 PM	Early Dinner	



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Day 4 (Friday) November 07, 2025		
8:00 AM – 8:30 AM	Morning Preliminaries/MOL/ Ice Breaker/Synthesis	Assigned group
8:30 AM – 10:00 AM	MODULE 4: ADOLESCENT FRIENDLY HEALTHY FACILITY (AFHF) Activity: Small Group Analysis <ul style="list-style-type: none"> • Fish Bone Analysis • Improving Quality of Care • Key Actions to Improve Services 	<i>Resource Person, TBD</i>
10:00 AM – 11:00 AM	Creation of Action Plan	<i>Facilitators, TWGs</i>
11:00 AM – 12:00 NN	Post-Test Clearing House and End of Program Evaluation	<i>TWGs</i>
12:00 NN – 1:00 PM	Lunch	
1:00 PM – 2:30 PM	Closing Ceremony <ol style="list-style-type: none"> A. Nationalistic Song B. Prayer C. Message D. Awarding of Certificates E. Closing Remarks 	<i>TWGs</i>
	The Last Meal to be served is PM Snacks	