



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

06 November 2025

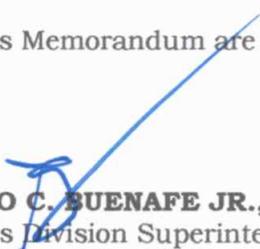
DIVISION MEMORANDUM

No. ~~600~~ s. 2025

DISSEMINATION OF MENTAL HEALTH INFOGRAPHIC POSTERS

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public School District Supervisors (PSDS) / Principals In-Charge of the District (PIDs) /
Head Teacher In-Charge of the District (HTID)
Senior / Education Program Specialists
School Heads (SHs) of Public and Private Elementary, Secondary and Integrated Schools
All Others Concerned

1. Attached is Regional Memorandum No. 1044, s. 2025 titled, **Dissemination of Mental Health Infographic Posters** dated October 23, 2025, which is self-explanatory.
2. The Districts, through their District Information Officers, are requested to distribute the infographic posters and ensure compliance of all schools under their respective jurisdiction.
3. Expenses relative to the conduct of the activity shall be charged against local funds subject to the usual accounting and auditing procedures.
4. Should there be a concern or clarification regarding this matter, contact Ar. Mar Bien Gregory Parel, Division Information Officer designate via mobile 09311065844 or Messenger account Mar Bien Gregory.
5. Immediate dissemination of and compliance with this Memorandum are desired.


FELICIANO C. BUENAFE JR., CESO VI
Schools Division Superintendent

Enclosure and reference: as stated
To be indicate in the Perpetual Index under the
following subjects:

BUREAUS AND OFFICES
CAMPAIGN
PUBLICATIONS

/mbggp



Poblacion, Numancia, Aklan
Tel/Fax No. (265 3740 | 265 3741 | 265 3743)
Website: <http://www.depedaklan.org>
Email Address: aklan.1958@deped.gov.ph



Republic of the Philippines
Department of Education
 REGION VI-WESTERN VISAYAS

REGIONAL MEMORANDUM
 No. **1044** s. 2025

OCT 23 2025

DISSEMINATION OF MENTAL HEALTH INFOGRAPHIC POSTERS

To: Schools Division Superintendents
 Regional Information Officer
 All Others Concerned

- Pursuant to Regional Memorandum No. 987, s. 2025 titled Dissemination of Infographic Posters, all DepEd offices and schools are requested to reproduce and install in bulletin boards and other conspicuous place the Mental Health infographic posters.
- The Schools Division Offices, through their **Primary or Alternate Information Officers**, are requested to distribute the infographic posters and ensure compliance of all schools under their respective jurisdiction.
- The materials can be accessed through:

Link	QR Code
https://bit.ly/20251016MentalHealth	

- The schools are requested to document and upload their implementation through:

Link	QR Code
https://bit.ly/20251016MentalHealth_implementation	



Address: Duran Street, Iloilo City, 5000
 Telephone Nos: (033) 337-0149; 336-2816
 Email Address: region6@deped.gov.ph
 Website: region6.deped.gov.ph

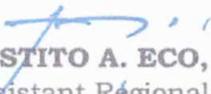


Certificate No. PHP QMS
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Republic of the Philippines
Department of Education
REGION VI-WESTERN VISAYAS

5. Expenses relative to the conduct of the activity shall be charged against local funds subject to the usual accounting and auditing procedures.
6. Should there be a concern or clarification regarding this matter, contact Hernani D. Escullar Jr. via mobile: 09274391118 / 09605950838 or email: hernani.escullarjr@deped.gov.ph.
7. Immediate dissemination of and compliance with this Memorandum are desired.


CRISTITO A. ECO, CESO III
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

Encl.: Mental Health Infographic Posters
Reference: Regional Memorandum No. 987, s. 2025
To be indicated in the Perpetual Index
under the following subjects:

BUREAUS AND OFFICES
CAMPAIGN
PUBLICATIONS

HDE/Folio - Template for issuance
DepEDRO6-PAU-Com-2025-1029/October 6, 2025



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(Enclosure No. 1 to Regional Memorandum No. _____, 2025)



are you okay?



Have a conversation
with these 4 steps!

Kumustahin sila.

**Makinig sa
kanilang sasabihin.**

**Hikayatin na
gawan ito ng
aksyon.**

**Maglaan ng oras para
sila'y kumustahin.**

PANALALA NG LAHAT NG

Tagapangalana ng mga Magulang sa DepEd - Western Visayas



Address: Duran Street, Iloilo City, 5000
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Republic of the Philippines
Department of Education
 REGION VI-WESTERN VISAYAS

(Enclosure No. 2 to Regional Memorandum No. _____, 2025)



Mahalaga para sa
 DepEd na maalagaan
 ang Mental Well-
 being ng ating guro
 at mag-aaral.

Alamin kung saan at
 kanino tayo pwedeng
 humingi ng tulong.

NATIONWIDE CRISIS HOTLINES

National Center for Mental Health 24/7

Nationwide Landline- 1553
 Smart/TNT- 0919-057-1553
 Globe/TM- 0917-899-8727
 0966-351-4518

Crisis Line by InTouch

0928-893-7603
 0919-056-0709
 0922-893-8944

DSWD-Wisupport

Text hotline: "DSWD (space) WiSUPPORT
 (space) Name/Sex/Age/Region/Message
 or Concern" to 0918-91292813.

MONDAY TO FRIDAY (8 AM TO 5 PM)

Natasha Goulbourn

(02) 8804 4673
 0917-872-5514

PARALELA MIRA VONK

Prepping, Rehearsing, Maroon, at Ipagalalang Secretary Sirang



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