



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

June 28, 2025

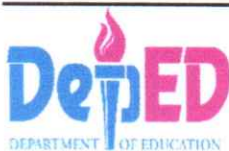
DIVISION MEMORANDUM

No. 372, s. 2025

**NAVIGATING WELLNESS: EMPOWERING STUDENT LEADERS AND YOUTH
FORMATORS ON MENTAL AND REPRODUCTIVE HEALTH
IN CHILDREN AND ADOLESCENTS**

To: OIC, Office of the Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors, Principals In-Charge of the District
Head Teacher In-Charge of the District
Senior/Education Program Specialists
Heads of Public and Private Elementary/Integrated/Secondary Schools
All Others Concerned

1. Attached are Regional Memorandum No. 676, s. 2025, and the Regional Memorandum No. 682, s. 2025, regarding the conduct of the Navigating Wellness: Empowering Student Leaders and Youth Formators on Mental and Reproductive Health in Children and Adolescents, the event is scheduled on July 30, 2025 - August 1, 2025, at Circulo Convention Center, Pueblo de Panay Township, Lawaan, Roxas City.
2. The list of participants for this activity can be found in Enclosure, along with the Parental Consent and Waiver forms.
3. For the transportation of the participants, two vans were hired to accommodate 14 Learners and 4 Division of Aklan Personnel. Participants coming from the Western Side District will gather at the Old Division Office located at Pob. Kalibo, Aklan, at around 8:30 A.M. and will leave at exactly 9:00 A.M., while participants coming from the Eastern Side will be picked up at their designated areas as stated during the coordination.
4. The food and accommodation for the participants shall be charged against the downloaded program support fund to the host division, which is Capiz, while their travel and other incidental expenses will be charged against local funds, both subject to the usual government accounting and auditing rules and regulations.



Población, Numancia, Aklan
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SCHOOLS DIVISION OF AKLAN

5. Dissemination of this memorandum is requested.


FELICIANO C. BUENAFE JR., CESO VI
Schools Division Superintendent

Encl.: As stated

Reference: RM No. 676, s. 2025 - RM No. 682, s. 2025

To be indicated in the Perpetual Index

Under the following subjects:

**ATTENDANCE HEALTH EDUCATION LEARNERS SCHOOL
PROGRAM**

NSATM/



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(Enclosure No.1 to Division Memorandum No. 372 s. 2025)

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**PARTICIPANTS DURING NAVIGATING WELLNESS: EMPOWERING STUDENT
LEADERS AND YOUTH FORMATORS ON MENTAL AND REPRODUCTIVE
HEALTH IN CHILDREN AND ADOLESCENTS**

POSITION	NAME	SCHOOL	DISTRICT
DF President	Anna Dominique P. Aba	Regional Science High School	Kalibo II
DF Vice President	Hezekiah M. Democrito	Aguinaldo T. Repiedad Sr. Integrated School	Banga
DF Secretary	Felmer John I. Nadura	Fr. Julian C. Rago Memorial National High School	Balete
DF Treasurer	Ronald Sheart N. Saligumba	Altavas National School	Altavas
DF Auditor	Leandrea Faith T. Nadua	Sofronio R. Palabrica Sr. National High School	Madalag
DF Public Information Officer	Zoen Grace R. Irabon	Malinao School for Philippine Craftsmen	Malinao
DF Protocol Officer	Arlene T. Kampenga	Makato Integrated School	Makato
President	Manuel E. Bustilla	Lezo Integrated School	Lezo
President	Kate Aira G. Ibadlit	Toledo National High School	Nabas
President	Silvia Z. Ching	Libacao National Forestry Vocational School	Libacao
President	Jan Dave P. Gelito	Maloco National High School	Ibajay West
President	Kheianne Jane S. Bolivar	Gaudencio L. Vega National High School	Kalibo I
Division SMHP Focal	Raymund D. Solis	Schools Division of Aklan	
Division YFD Focal	Nino Sean Axl T. Morales	Schools Division of Aklan	
Registered Guidance Counselor	Mary Hope S. Cahilig	Buruanga Vocational School	
Project Development Officer I	Hervy M. Teodosio	Kalibo Elementary School	



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(Enclosure No.2 to Division Memorandum No. 372 s. 2025)

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PARENTAL CONSENT AND WAIVER FORM

I, _____, as the parent or legal guardian of _____, hereby acknowledge that I have been informed of the details of the conduct of Navigating Wellness: Empowering Student Leaders and Youth Formators on Mental and Reproductive Health in Children and Adolescents on July 30, 2025 TO August 1, 2025 at Circulo Convention Center, Pueblo de Panay Township, Lawaan, Roxas City.

I understand that the Bureau of Learner Support Services-Youth Formation Division (BLSS-YFD) of the Department of Education (DepEd) shall implement the minimum public health standards set by the government to minimize the risk of the spread of any communicable disease, but it cannot guarantee that my child will not become infected.

I understand that my child's in-person attendance at the event will include associating with teachers, fellow learners and school personnel, and other people inside and outside of the school that may put my child at risk of transmission of any communicable disease, notwithstanding the precautions undertaken by the implementing team.

Voluntary Participation

I acknowledge that my child's participation in this activity is completely voluntary. My child may decline to participate or withdraw from participation at any time for any reason. Declining or withdrawing participation will not result in any penalty or loss of benefits or reduction of any basic right to which my child is entitled. While there remains the risk of possible transmission of any communicable disease to my child/ren, and to the members of my household, I freely assume the said risk and I permit my child/ren to attend this activity.

Exclusion (Limitations/Ineligibility)

I am aware that symptoms of any communicable disease include, but are not limited to, fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, the new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting, and diarrhea.



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SCHOOLS DIVISION OF AKLAN

I confirm that my child currently has none of those symptoms and is in good health. I will not allow my child to physically go to the event if my child or any member of my household develops any of the said symptoms or any other symptoms of illness that may or may not be related to any communicable disease. I will also inform the school/division and not allow my child to attend the event if my child or any of my household members test positive for any communicable disease. My child/ren and I, with my household members, will follow the required health and safety protocols and procedures adopted by the school and community.

Documentation

I confirm that I give full permission in any recording or picture taken of my child during the conduct of this event and to use some or all my child's images/contribution/ performance in any publication (including electronic publications such as film or website) created by or for the BLSS-YFD and to release this material to DepEd official platforms.

Confidentiality

I am aware that any information that will be given during the activity will be kept strictly confidential, and personal information will be treated in accordance with the Republic Act 10173, Data Privacy Act of 2012. I am assured that the information about my child will not be shared outside of the implementation team. My child's name will not be used when data from this activity is analyzed.

I hereby confirm that I agree and understand the commitment of my child as a participant. I also understand and will support my child's endeavor to meet the expectations, guidelines, and responsibilities to his/her fellow participants and to DepEd.

To the extent allowed by law and rules, I hereby agree to waive, release, and discharge any and all claims, causes of action, damages, and rights against the school/division and its personnel as well as officials and personnel of the Department of Education relative to the conduct of the activity.

With full understanding, I – on behalf of myself, my household members, and my child/ren – hereby freely and voluntarily give my consent to my child's participation in the activity from July 30, 2025 to August 1, 2025. I also attest that I had sought the views of my child and he/she has expressed a willingness to participate in the activity.



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CONTACT DETAILS FOR QUESTIONS OR PROBLEMS

For any concerns or clarification, you may contact the BLSS-YFD through the email address blss.yfd@deped.gov.ph

<hr/> Signature of Parent/Guardian over Printed Name	<hr/> Contact Details (Mobile Number)
<hr/> Name of Child/ren	<hr/> Date

*** Please submit this form to your child’s school prior to participation in the event.**



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REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

(Enclosure No.3 to Division Memorandum No. 372 s. 2025)

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LEARNER CONSENT, WAIVER, INDEMNITY and RELEASE

(To be completed by the Learner)

I, _____, agreed to participate with the consent of my parents and/or legal guardian in the Navigating Wellness: Empowering Student Leaders and Youth Formators on Mental and Reproductive Health in Children and Adolescents on July 30, 2025 TO August 1, 2025 at Circulo Convention Center, Pueblo de Panay Township, Lawaan, Roxas City.

I agree to give permission to the Department of Education (DepEd) and its representatives to make recordings of my voice and to take photographs and/or videos in which I appear in at the event and location stated above, to be used for the communications and various public campaigns of the Department be it in print, broadcast and/or electronic media.

I have read and understood the accompanying letter and information leaflet. For things I do not understand, I will ask my Parent/Guardian to clarify the objective of the activity for me.

I know the purpose of the project/activity and the part I will be involved in. I know that DepEd and its representative are not allowed to use the information about me in any form that might harm my rights and well-being.

<hr/> Name of Learner	<hr/> Name of School
<hr/> Age	<hr/> Date



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS

JUL 22 2025

REGIONAL MEMORANDUM
No. 682 s. 2025

**CORRIGENDUM AND ADDENDUM TO RM NO. 676 S. 2025 TITLED
NAVIGATING WELLNESS: EMPOWERING STUDENT LEADERS AND
YOUTH FORMATORS ON MENTAL AND REPRODUCTIVE
HEALTH IN CHILDREN AND ADOLESCENTS**

To: Schools Division Superintendents
All other concerned

1. Relative to Regional Memorandum No. 676, s. 2025 titled Navigating Wellness: Empowering Student Leaders and Youth Formators on Mental and Reproductive Health in Children and Adolescents, this Office announces the following changes in the allocation of participants of the following SDOs:

From the Schools & District Offices:	No. of Participants	
	From	To
• Supreme Secondary Learner Government		
- SDO Aklan	19	14
- SDO Antique	22	18
- SDO Capiz	18	14
- SDO Iloilo	56	40
- SDO Passi City	5	6

2. Further, the following SDOs shall identify additional participants to the said activity, preferably non-teaching personnel to accompany the learner-participants:

From Schools Division Offices:	No. of Participants
Chaperone – non-teaching personnel	
- SDO Aklan	4
- SDO Antique	5
- SDO Capiz	2
- SDO Guimaras	1
- SDO Iloilo	11
- SDO Iloilo City	2
- SDO Roxas City	2
- SDO Passi City	1

3. Other provisions of the said Memorandum remain in effect.



Address: Duran Street, Iloilo City, 5000
Telephone Nos: (033)509-7653; (033)336-2816
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Website: region6.deped.gov.ph



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REGION VI – WESTERN VISAYAS

5. Immediate dissemination of and compliance with this memorandum are desired.


CRISTITO A. ECO, CESO III
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

Enclosure: As Stated

Reference: As Stated

To be indicated in the Perpetual Index
under the following subjects:

ATTENDANCE
PROGRAMS

HEALTH EDUCATION

LEARNERS

SCHOOL

HIG/ESSD-RM/Addendum/Corrigendum to *Navigating Wellness: Empowering Student Leaders...*
/ / July , 2025



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REGION VI – WESTERN VISAYAS

JUL 21 2025

REGIONAL MEMORANDUM
No. 676 s. 2025

**NAVIGATING WELLNESS: EMPOWERING STUDENT LEADERS AND
YOUTH FORMATORS ON MENTAL AND REPRODUCTIVE HEALTH
IN CHILDREN AND ADOLESCENTS**

To: Schools Division Superintendents
All other concerned

1. Pursuant to DepEd Order No. 31, s. 2018 titled Policy Guidelines on the Implementation of the Comprehensive Sexuality Education (CSE) and DepEd Memorandum No. 074, s. 2021 regarding the Inclusion and Promotion of Mental Health in all DepEd Events and Programs, this Office, through the Education Support Services Division (ESSD) in collaboration with the Schools Division of Capiz, shall conduct **Navigating Wellness: Empowering Student Leaders and Youth Formators on Mental and Reproductive Health in Children and Adolescents** on **July 30, 2025 – August 1, 2025** at **Circulo Convention Center, Pueblo de Panay Township, Lawaan, Roxas City**.
2. The activity specifically aims to:
 - a) Educate student leaders and youth formators on reproductive health topics, including puberty, identity crises, STI prevention, mental health, and healthy relationship;
 - b) Equip the learner-participants with knowledge and skills on peer support system;
 - c) Encourage informed decision-making by fostering an understanding of reproductive rights, gender equality, and the importance of mental and emotional well-being;
 - d) Improve access to reproductive health services by navigating various healthcare systems and utilization of available resources effectively; and
 - e) Advocate for supportive community involvement and referral through community partnership and engagement.
3. The list of expected participants to this activity and the proposed program matrix are found in **Enclosures 1 and 2**, respectively, for perusal of all concerned.



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4. Division Focals shall facilitate the list of their participants and confirm their attendance on or before **July 25, 2025**. The link can be accessed by scanning the QR code below:



5. The first meal of the participants is AM Snacks on July 30, 2025 (Wednesday) and the last meal is PM snacks on August 1, 2024 (Friday).

6. The food and accommodation of the participants shall be charged against the downloaded program support fund to the host Division with SARO No. RO-6-24-2865 while their travel and other incidental expenses against local funds both subject to the usual government accounting and auditing rules and regulations.

7. Immediate dissemination of and compliance with this Memorandum are desired.


CRISTITO A. ECO, CESO III
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

Enclosure: As Stated

Reference: As Stated

To be indicated in the Perpetual Index
under the following subjects:

ATTENDANCE
PROGRAMS

HEALTH EDUCATION

LEARNERS

SCHOOL

HBG/ESSD-RM/ *Navigating Wellness, Empowering Student Leaders...*
#30/July 2, 2025



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Enclosure 1 to RM_____s. 2025

NAVIGATING WELLNESS: EMPOWERING STUDENT LEADERS AND YOUTH FORMATORS ON MENTAL AND REPRODUCTIVE HEALTH IN CHILDREN AND ADOLESCENTS

July 30, 2025 – August 1, 2025
Circulo Convention Center, Pueblo de Panay Township, Lawaan, Roxas City

List of Expected Participants

Participants	Number
From the Schools & District Offices:	(148)
• Supreme Secondary Learner Government	
- SDO Aklan	19
- SDO Antique	22
- SDO Capiz	18
- SDO Guimaras	8
- SDO Iloilo	56
- SDO Iloilo City	10
- SDO Roxas City	10
- SDO Passi City	5
From Schools Division Offices:	(24)
(Resource Persons and Training Facilitators)	
• Division ARH Focal Persons	8
• Division SMHP Focal Persons	8
• Division YFD Focal Persons	8
From the Regional Office:	(7)
• Regional Director/Asst. Regional Director	1
• Chief of the Education Support Services Division	1
• Regional Health and Nutrition Personnel	2
• Regional YFD Focal Person	1
• SMHP Technical Assistants	2
From the Host SDO:	(3)
• Technical Working Group (TWG)	3
TOTAL	182



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Enclosure 2 to RM _____ s. 2025

NAVIGATING WELLNESS: EMPOWERING STUDENT LEADERS AND YOUTH FORMATORS ON MENTAL AND REPRODUCTIVE HEALTH IN CHILDREN AND ADOLESCENTS

July 30, 2025 – August 1, 2025
Circulo Convention Center, Pueblo de Panay Township, Lawaan, Roxas City

Proposed Program of Activities

July 30, 2025 (Wednesday)		
Time	Activity	Responsible Person
8:00 – 12:00 NN	Arrival and Registration	
12:01 NN – 1:00 PM	Lunch	
1:01 – 2:00 PM	Opening Preliminaries <ul style="list-style-type: none">Nationalistic SongPrayerDepEd Regional HymnDepEd Quality Policy StatementWelcome RemarksInspirational MessageAcknowledgement of ParticipantsStatement of Purpose and Levelling of Expectations	Dr. Roel F. Bermejo, CESO V SDS, SDO-Capiz Cristito A. Eco, CESO III Asst. Regional Director OIC-Office of the Regional Director Miguel Mac D. Aposin, CESO V OIC-Office of the Asst. Regional Director Melchor Kim S. Kwan, MD Regional Medical Officer IV Leonerico E. Barredo, PhD Chief, ESSD
2:01 – 2:30 PM	Health Break	
2:31 – 5:00 PM	Session 1: Empowering Adolescents: The Importance of Sexuality and Reproductive Health Education	ARH Team Facilitators
5:30 PM	Dinner	
July 31, 2025 (Thursday)		
8:00 – 8:30 AM	Morning Preliminaries and Management of Learning	Assigned Group
8:31 – 10:00 AM	Session 2: Healthy Relationships and Consent Topic: Consent, recognizing healthy and unhealthy relationship behaviors	ARH Team and Facilitators
10:01 – 10:15 AM	Health Break	
10:16 AM – 12:00 NN	Session 3: Gender Equality and Reproductive Rights Topic: Promoting gender equality and understanding reproductive rights	ARH Team and Facilitators
12:01 – 1:00 PM	Lunch	
1:01 – 3:00 PM	Session 4: Navigating and Accessing Health Services Topic: Identifying local resources, navigating School – healthcare system	ARH Team and Facilitators



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3:01 – 3:15 PM	Health Break	
3:16 – 5:00 PM	Session 5: Community Engagement and Advocacy -Talk on Teenage Pregnancy and Eliminating Child Labor -Question and Answer Portion/Clearing House	DOLE
5:30 PM	Dinner	
August 1, 2025 (Friday)		
8:00 – 8:30 AM	Morning Preliminaries and Management of Learning	Assigned Group
8:31 – 10:00 AM	Session 6: Action Planning and Next Step	ARH Team and Facilitators
10:01 – 10:30 AM	Health Break	
10:31 – 11:30 AM	Clearing House and Ways Forward	Leonerico E. Barredo, PhD Chief, ESSD
11:30 AM – 12:00 NN	End of Program Evaluation	
12:01 NN – 1:00 PM	Lunch	
1:01 – 2:00 PM	Closing Program <ul style="list-style-type: none">• Awarding of Certificates• Message of Challenge• Acceptance of Challenge from the Participants• Closing Remarks	
2:01 PM – Onwards	Home Sweet Home	



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